

Parenting a Trans or Gender-Expansive Child

An 8 week Support Group for Parents

Is your child trans, nonbinary, or gender non-conforming?
Are you trying to be supportive but unsure what they need?
Do conversations about gender identity or transition feel overwhelming?

ABOUT THIS GROUP

Parenting a child who is trans, nonbinary, or gender non-conforming can bring up a complex mix of love, uncertainty, grief, and fierce advocacy. This group offers a confidential space to share, process, and connect with other parents on a similar journey. Whether you are new to your child's journey or have been supporting them for years, there is a place for you here.

WHAT YOU'LL FIND HERE

A warm, nonjudgmental space to share and be heard.
Information on gender affirmation, social and medical transition.
Support processing your own emotions while centering your child.
Tools for communication and advocacy within your family and school.
Connection with other parents who truly understand.

WHEN Thursdays, 5:30 PM 8 weeks Start date TBD	FORMAT In-person or online TBD Small · Confidential	COST \$75 / session Sliding scale avail.	WHERE If in person: 2127 Ashby Ave, Ste A Berkeley, CA 94705
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FACILITATED BY

Molly Gerstein Gales, LMFT

Molly is a licensed marriage and family therapist specializing in gender-affirming care, with years of experience working with LGBTQIA+ youth, adults, and families through a social justice lens.

www.authentictherapy.net

Please fill out this form if interested: <http://bit.ly/4v6oOci>

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